

<p>THIS LIST FOR:</p> <p><input type="checkbox"/> Day paddle <input type="checkbox"/> Overnight paddle</p> <p><input type="checkbox"/> Cruise <input type="checkbox"/> Other</p>	<p>Accessible Personal Gear</p> <p><input type="checkbox"/> Glasses</p> <p><input type="checkbox"/> Sunglasses</p> <p><input type="checkbox"/> Eyewear strap</p> <p><input type="checkbox"/> Sunscreen</p> <p><input type="checkbox"/> Water bottle/hydration system</p> <p><input type="checkbox"/> Energy bars</p> <p><input type="checkbox"/></p> <p><input type="checkbox"/></p>	<p>Pastimes</p> <p><input type="checkbox"/> Fishing gear</p> <p><input type="checkbox"/> Book</p> <p><input type="checkbox"/> Camera</p> <p><input type="checkbox"/> Batteries</p> <p><input type="checkbox"/> Playing cards</p> <p><input type="checkbox"/></p> <p><input type="checkbox"/></p>
<p>Essentials and safety</p> <p><input type="checkbox"/> Kayak</p> <p><input type="checkbox"/> Hatch covers/lids</p> <p><input type="checkbox"/> Paddle</p> <p><input type="checkbox"/> Spray skirt</p> <p><input type="checkbox"/> PFD</p> <p><input type="checkbox"/> Whistle</p> <p><input type="checkbox"/> Paddle float</p> <p><input type="checkbox"/> Pump</p> <p><input type="checkbox"/> First aid kit</p> <p><input type="checkbox"/> Trolley wheels</p> <p><input type="checkbox"/> Spare paddle</p> <p><input type="checkbox"/></p> <p><input type="checkbox"/></p>	<p>Stowed Personal Gear</p> <p><input type="checkbox"/> Wallet / ID</p> <p><input type="checkbox"/> Cash</p> <p><input type="checkbox"/> Contact phone numbers</p> <p><input type="checkbox"/> Car keys</p> <p><input type="checkbox"/> Medications</p> <p><input type="checkbox"/></p> <p><input type="checkbox"/></p>	<p>Repair Kit</p> <p><input type="checkbox"/> Duct tape</p> <p><input type="checkbox"/> Spare batteries/bulbs</p> <p><input type="checkbox"/> Multi-tool</p> <p><input type="checkbox"/> Cord</p> <p><input type="checkbox"/> Lighter</p> <p><input type="checkbox"/> Rudder spares/cable</p> <p><input type="checkbox"/> Needle and thread</p> <p><input type="checkbox"/> Seam sealer</p> <p><input type="checkbox"/></p> <p><input type="checkbox"/></p>
<p>Paddling Gear</p> <p><input type="checkbox"/> Sponge</p> <p><input type="checkbox"/> Tow line</p> <p><input type="checkbox"/> Short/contact towline</p> <p><input type="checkbox"/> Rescue knife</p> <p><input type="checkbox"/> Sling</p> <p><input type="checkbox"/> Deck bag</p> <p><input type="checkbox"/> Cockpit cover</p> <p><input type="checkbox"/></p> <p><input type="checkbox"/></p>	<p>Paddling Clothing</p> <p><input type="checkbox"/> Dry suit / Paddle jacket</p> <p><input type="checkbox"/> Skull cap</p> <p><input type="checkbox"/> Poggies or gloves</p> <p><input type="checkbox"/> Neoprene booties</p> <p><input type="checkbox"/> Shorts or longs</p> <p><input type="checkbox"/> Thermals - 1st layer</p> <p><input type="checkbox"/> Hat</p> <p><input type="checkbox"/></p> <p><input type="checkbox"/></p>	<p>Camping Gear</p> <p><input type="checkbox"/> Tent / Hammock / Bivi-bag</p> <p><input type="checkbox"/> Lantern/Candle</p> <p><input type="checkbox"/> Tarp and rope</p> <p><input type="checkbox"/> Fire starters - flint etc.</p> <p><input type="checkbox"/> Water proof matches</p> <p><input type="checkbox"/> Cooking pot/s</p> <p><input type="checkbox"/> Stove – gas or multi fuel</p> <p><input type="checkbox"/> Sleeping bag</p> <p><input type="checkbox"/> Sleeping mat</p> <p><input type="checkbox"/> Camp saw</p> <p><input type="checkbox"/> Camp shovel</p> <p><input type="checkbox"/> Pack liner</p> <p><input type="checkbox"/> Head light</p> <p><input type="checkbox"/> Cooking utensils</p> <p><input type="checkbox"/> Knife / fork / spoon</p> <p><input type="checkbox"/> Mug</p> <p><input type="checkbox"/> Towel</p> <p><input type="checkbox"/> Tea towel</p> <p><input type="checkbox"/> Pot scrubber</p> <p><input type="checkbox"/> Toiletries</p> <p><input type="checkbox"/> Food</p> <p><input type="checkbox"/></p> <p><input type="checkbox"/></p>
<p>Navigation</p> <p><input type="checkbox"/> Chart</p> <p><input type="checkbox"/> Tide & current tables</p> <p><input type="checkbox"/> Hand-held bearing compass</p> <p><input type="checkbox"/> Waterproof watch</p> <p><input type="checkbox"/> Weather radio</p> <p><input type="checkbox"/> GPS</p> <p><input type="checkbox"/> Navigation tools</p> <p><input type="checkbox"/></p> <p><input type="checkbox"/></p>	<p>Clothing</p> <p><input type="checkbox"/> Bennie</p> <p><input type="checkbox"/> Brimmed hat</p> <p><input type="checkbox"/> Rain jacket</p> <p><input type="checkbox"/> Rain pants</p> <p><input type="checkbox"/> Rain hat</p> <p><input type="checkbox"/> UV-protective shirt</p> <p><input type="checkbox"/> Polypro undershirt</p> <p><input type="checkbox"/> Polypro long Johns</p> <p><input type="checkbox"/> Underwear</p> <p><input type="checkbox"/> Socks</p> <p><input type="checkbox"/> Togs</p> <p><input type="checkbox"/> Gloves</p> <p><input type="checkbox"/> Shore shoes / sandals</p> <p><input type="checkbox"/></p> <p><input type="checkbox"/></p>	<p>Other</p> <p><input type="checkbox"/></p> <p><input type="checkbox"/></p> <p><input type="checkbox"/></p> <p><input type="checkbox"/></p> <p><input type="checkbox"/></p> <p><input type="checkbox"/></p> <p><input type="checkbox"/></p> <p><input type="checkbox"/></p>
<p>Signaling – at least 2</p> <p><input type="checkbox"/> Whistle</p> <p><input type="checkbox"/> Cell phone & case</p> <p><input type="checkbox"/> VHF & case</p> <p><input type="checkbox"/> Aerial flares</p> <p><input type="checkbox"/> Hand-held flares</p> <p><input type="checkbox"/> Signal smoke</p> <p><input type="checkbox"/> Chemical light sticks</p> <p><input type="checkbox"/> Strobe light</p> <p><input type="checkbox"/> EPIRB</p> <p><input type="checkbox"/> Flashlight</p> <p><input type="checkbox"/> Signal mirror</p> <p><input type="checkbox"/></p> <p><input type="checkbox"/></p>	<p>Shore Gear</p> <p><input type="checkbox"/> Lighter</p> <p><input type="checkbox"/> Knife</p> <p><input type="checkbox"/> Bug dope</p> <p><input type="checkbox"/> Toilet paper</p> <p><input type="checkbox"/> Water filter/purification tablets</p> <p><input type="checkbox"/></p> <p><input type="checkbox"/></p> <p><input type="checkbox"/></p>	