



Canoe & Kayak North Shore

Intermediate Skills Course – Gear List

Kayaking Kit:

- Kayak, paddle, sprayskirt, BA, paddlefloat, pump
- Appropriate kayaking clothing including shorts, polyprop, and a good paddlejacket.
- Hat, sunnies, sunscreen
- Drink system (water bottle or bladder) and some spare water
- Snack bars etc. to keep you going between meals
- Spare polyprop
- Booties and sandals
- Flag
- Deck Light (if we want to go night paddling)
- Handheld Compass
- Deck Compass
- Marine Charts of the area
- Tow system
- Knife in your BA
- Whistle
- Tape Sling (for assisting rescues)
- Cellphone in a waterproof bag.
- VHF in a waterproof bag.
- Split Paddle
- Bothy Shelter (emergency Shelter – Optional)
- First Aid Kit

Camping Kit

- Spare clothes for after paddling (in a good dry bag)
- Tent or bivi
- Sleeping bag in a good dry bag
- Sleeping mat
- Insect repellent
- Cooking equipment – mini stove, pots and pans and cutlery, matches/lighter, folding washing up bowl, dishwashing liquid, pan scrubber etc
- Your favourite tippie
- Food
- Torch